

# 中国



## 高铁穿越雲南之南 \* 老撾之北

### 世界文化遺產-琅勃拉邦

曾是老撾的首都，已被联合国教科文组织列入世界文化遗产。从金顶寺院到法国殖民时期的建筑遗迹，36座古老佛寺和上百幢法式殖民建筑将它点缀得风姿绰约。

**光西瀑布** 瀑布总高 100 米，从石灰石山峰倾泻而下，在山下汇集成一个个水池，呈仙境般的碧蓝色，如梦如幻。景似中国四川黄龙景区的钙化池。

**香通寺** 是琅勃拉邦也是全老撾最美丽的寺院之一；浓缩了琅勃拉邦古老的寺庙建筑风格。也是老撾新年最重要的庆祝地点之一。



清晨布施观礼

### 小桂林-萬榮

喀斯特地貌的青山绿水可媲美中国的桂林。尤其在南松河的竹桥两岸，灯火初上，绵延的喀斯特山峰与钴蓝色的天空映照在平缓流淌的河面上，营造出梦幻氛围

**南松河** 河畔风景如梦似幻，喀斯特岩石掩映在绿丛之中，流程甚长，穿越万荣市区，两岸高山耸立，河水川流不息，任性流淌，水清可见底。

**蓝色泻湖** 溶洞景观，湖水由溶洞流出，清澈见底，呈现出迷人的蓝色。



蓝色泻湖

一程<昆明-万榮> 一程<琅勃拉邦-昆明> 中老国际高铁

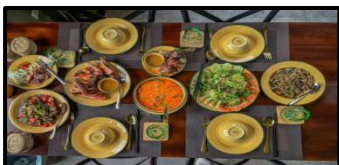
### 西雙版納般若寺

结合了傣族传统建筑风格与东南亚风情的南传佛教寺庙，因华丽的建筑风格走红网络。



### 告莊星光夜市

西雙版納新地标，独特的夜市文化。去夜市“寻宝”，体验当地风情。



动车线路：  
昆明-万榮-琅勃拉邦-西雙版納  
大巴线路：  
西雙版納-普洱-磨丁-昆明

## 全程纯玩|无购物

### 西雙版納傣族園

于万人泼水广场上，尽情体验傣族泼水节的欢乐氛围。



### 南糯山哈尼文化園

了解哈尼的文化，于千万亩乔木古树茶园的森林茶庄品味真正的普洱。

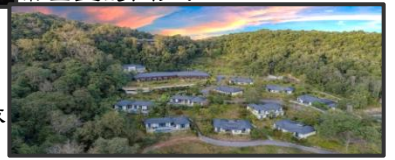
### 倚象山营地暨帐篷酒店

酒店如散落在云雾里，茶山间，花海中，犹如世外桃源；是茶园里的网红。



### 普洱小熊猫主题酒店

中国唯一的小熊猫主题酒店，造型别致的独栋木屋建筑散落在太阳河国家森林公园内。



# 中国



天数	早餐	午餐	晚餐	城市	KVTE8 4-5★酒店或同级
1	✖	✖	✓	昆明	准5★ 麦克温德姆酒店 或 华美达安可酒店
2	酒店	动车简餐	✓	万荣	4★ 萨克西里河畔精品酒店
3	酒店	✓	✖	琅勃拉邦	2晚 4★ 朱丽安娜皇宫酒店
4	酒店	稻田餐厅	✖	琅勃拉邦	
5	酒店	动车简餐	✖	版纳	4★ 云禾园酒店 或 华美达酒店<副楼>
6	酒店	✓	✓	普洱	特色住宿倚象山营地暨帐篷酒店 或 小熊猫庄园
7	酒店	哈尼风味餐	✓	昆明	准5★ 麦克温德姆酒店 或 华美达安可酒店
8	酒店	✖	-		结束8天精彩行程,康泰祝您旅途愉快!

自2024年4月起生效

KVTE8\_10\_CN\_21-Jul-25

- 航班时间及行程次序以航空公司及当地接待单位安排为准。
  - 老挝的住宿,游览车,路况及餐厅等因条件所限,各种基础设施仍欠水准,本社已尽量安排当地较佳,请各位团友留意。
  - 琅勃拉邦做为文化遗产保护,当地政府规定大车不得进入市区,需换乘小车或当地嘟嘟车,敬请谅解!
  - 各地酒店的三人间提供的是折叠加床,请各位团友留意。
  - 酒店标明仅供参考,若中英文行程版本出现不符,将以中文版本为依据。
  - 导游司机服务费:人民币¥40/人/天,两岁之小朋友亦需要缴付
- 附加配套:RMB700/人 1)长尾船漂流; 2)北回归线标志园+魔毯;  
3)孔雀宴风味

## 1 新加坡 ✖ (约 4 小时) 昆明

✦ 齐聚新加坡樟宜机场,乘豪华客机飞往云南省会,四季如春的【昆明】

## 2 昆明 ~ (约 7.5 小时动车) 万荣 ~ 南松河 ~ 长尾船漂流<附加配套>

- ✦ 中老铁路是“一带一路”标志性工程,从昆明到万象 10 小时即可通达,两国之间实现“夕发朝至”。经磨憨口岸与磨丁口岸办理出境手续,乘坐国际动车前往老挝。
- ✦ 【南松河】万荣著名的漂流地,河两岸风光秀丽,有小桂林之称。河面比较宽阔,有激流和静水。
- ✦ 【长尾船漂流】体验当地特色的长尾船漂流,每艘船只坐二人,由船夫掌舵划船,细长的小船在浅水滩中驰骋,河两岸风光秀丽,薄雾围绕非常迷人。

## 3 万荣 ~ 蓝色泻湖 ~ (约 1 小时动车) 琅勃拉邦 ~ 老皇宫博物馆 ~ 普西山 ~ 夜市

- ✦ 【蓝色泻湖】万荣被当地人称为“小桂林”,有着典型的喀斯特地貌景观,坦普坎溶洞是其中的主要代表,而从溶洞里流出的水形成的蓝色泻湖则是当地人和世界各国游客最爱的戏水之地。湖水清澈干净呈蓝色,许多人会在水中游泳嬉戏,甚至有人还会跑到树上勇敢地往下跳,姿势漂亮会赢得阵阵掌声。
- ✦ 【老皇宫博物馆】由王宫改建而成,里面展出着很多澜沧王国的遗迹及国家级的珍贵文物,最珍贵的老挝国宝勃拉邦金佛也能在这里看到。
- ✦ 【普西山】琅勃拉邦的最高点,也是俯瞰全城的最佳地点,沿路寺庙众多,山顶有金色顶尖的宗西塔,山麓则有王宫,从山顶的瓦宗寺向下看,360 度古城风景尽收眼底。
- ✦ 【琅勃拉邦夜市】体验当地极具热带风情的生活方式,尽情发掘各式手工艺品;或休闲的在河边享受迷人夜景。

## 4 琅勃拉邦 ~ 香通寺 ~ 光西瀑布 ~ (约 1 小时) 织布村 ~ 法式老街

- ✦ 【香通寺】琅勃拉邦颇具代表性的寺庙,整个建筑淋漓尽致的体现了琅勃拉邦寺庙的建筑风格,其中红色小寺中供奉一尊可追溯到此寺建筑之初年代的卧佛。
- ✦ 【光西瀑布】由一个大瀑布和山下多个小瀑布组成的瀑布群,总落差 100 米;沿着山涧从上飞泻而下汇成叠叠水潭,又形成层层瀑布连绵不断,非常壮观。
- ✦ 特别安排午餐于火爆 ins 的【稻田餐厅】坐在法式风情的茅草屋内,呼吸田间清新空气,品尝最地道的老挝风味,还有一杯嘴椰子壳装的稻田咖啡,满满本地特色。
- ✦ 【织布村】了解老挝众多民族的风俗,可亲手感受织布过程,体验老挝手工织布工艺。
- ✦ 【法国风情街】至今保留有很多法国的建筑被作为各种商铺,餐厅和客栈,还有售卖当地特色商品的摊位,处处充满情调;每个人都能在这里找到自己想要的感觉。

## 5 琅勃拉邦 ~ 清晨布施观礼 ~ 古城传统早市 ~ (约 6.5 小时动车) 西双版纳 ~ 般若寺 ~ 银塔 ~ 告庄星光夜市

- ✦ 特别安排【清晨布施观礼】在佛教盛行的老挝,布施是一种极具仪式感的传统仪式,寺庙中的僧人每天清晨列队出门托钵化缘,当地人们等在僧人的必经道路上,将糯米饭依次施舍给每位经过的僧人,这个过程肃穆感人,是琅勃拉邦最具特色的一大景观。
- ✦ 【早市】是感受老挝北部文化的最佳场所之一,从早上 5 点左右开始,到深夜结束,除了美味的小吃,还可以找到丰富的老挝食材,有着许多纯正的本地货或者土特产。
- ✦ 【般若寺-银塔】一座结合了傣族传统建筑风格与东南亚风情的南传佛教寺庙,充满着浓郁的异域色彩。佛塔通体银白,矗立在景洪城郊曼真村的山顶,可以俯瞰整座城市。因独特造型,华丽的建筑风格现在已经成为网红打卡点。
- ✦ 【告庄星光夜市】紧邻澜沧江,花灯点缀下的夜市人潮涌动,是众人钟爱的旅拍胜地,这里的东南亚小吃比比皆是;而最地道的版纳美食,烧烤,各类热带水果也很诱人。

## 6 西双版纳 ~ 南糯山哈尼文化园 ~ 橄榄坝傣族园<含景区环保车> ~ (约 2.5 小时) 普洱 ~ A 选-倚象山营地暨半山酒店或 B 选-小熊猫主题酒店

- ✦ 【南糯山哈尼文化园】南糯山是云南最古老的茶山之一,在此体验当地的茶文化,还有机会品尝到地道普洱茶
- ✦ 【傣族园】一座典型的傣族村寨,由一大群竹楼所组成,编盖得十分精巧,四周种满了翠竹、香蕉、凤凰木和椰子树,树荫如盖,凤凰花艳红如火,十足南国情调,这里每天都会傣历新年的泼水节表演,团友可在万人泼水广场尽情体验傣族泼水节的欢乐氛围,感受傣家泼水节的热烈场面,还可参观傣族佛寺,了解傣族佛教文化。
- ✦ 游毕驱车前往普洱,团友可以任意选择住宿一下其中一间五星酒店,一个不一样的住宿体验

# 方案A: 入住云海之上的“人间仙境”——倚象山营地暨半山酒店,闻着满山的茶香,看着漫天繁星,所有关于美景的幻想,都可以在这里实现,宜放空,宜回归自然。  
# 方案B: 入住中国唯一的小熊猫主题酒店,位于太阳河原始森林公园内,是北回归线上最大的绿洲,睡进森林,与小熊猫为邻;在这里,拥抱层叠苍林,枕翰林星海。

## 普洱 ~ A 选-云上茶田休闲游或 B 选-太阳河森林公园<含景区环保车> ~ (约 2.5 小时) 墨江 ~ 双胞胎井 ~ 北回归线标志园+飞天魔毯

## 7 毯<附加配套> ~ 热带水果集市 ~ (约 3 小时) 昆明

- ✦ 方案A: 在倚象山营地暨半山酒店迎接茶园第一缕阳光,漫步半山栈道,享受脚下大片的云海和山风,真正体验所谓的云上茶田的美景
- ✦ 方案B: 入住小熊猫主题酒店,将有机会乘坐景区电瓶车游览【太阳河森林公园】体验建在国家森林公园里的度假酒店带来的便利及完全和自然高度融合的设计理念。
- ✦ 【墨江】中国唯一的哈尼族自治县,全世界唯一被北回归线从城市中心区穿城而过的地方,在此可见最奇特的村庄-有着五百多对双胞胎的【双胞胎村】,这里的【双胞胎井】据说常喝可令人生下双胞胎。
- ✦ 【北回归线标志园】整个建筑实体以北回归线为中轴,结合古代“十月太阳历”和现代科学技术手段精确地展示北回归线的地理位置及变化;每年夏至均可在此“捕捉”到“立杆不见影”的天文奇观。特别安排体验【飞天魔毯】登上站台就可以实现空间移动,平稳舒适的观赏周围风景,不用移步便可实现遨游美景之中。
- ✦ 【热带水果集市】是当地最受欢迎的水果市场之一,走在市场中浓郁的水果香气弥漫身边,带着甜甜的味道,相当诱人。

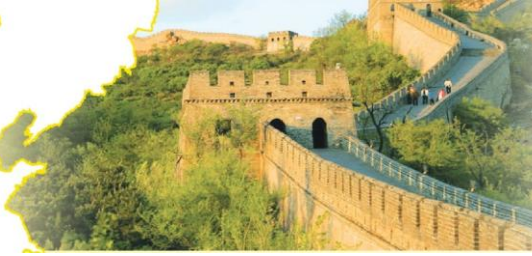
## 8 昆明 ✖ (约 4 小时) 新加坡

8 天旅程圆满结束,康泰旅行社与您共享美好回忆!

KVTE8\_CN\_21-Jul-25

~行程顺序按实际情况可能前后调动,以当地接待单位最后安排为准~

# CHINA



## 8D Yunnan\*Laos High Speed Train Tour

### UNESCO-Luang Prabang

an outstanding example of the fusion of traditional architecture and Lao urban structures with those built by the European colonial authorities in the 19th and 20th centuries.

**Kuang Si Waterfall** It is known for its milky turquoise waters. Soak in the wondrous structure of the famous tiered waterfall as it tumbles into spectacular azure pools

**Wat Xiengthong** one of the most beautiful and most revered Buddhist temples in Laos. A royal temple and a place where the former kings of Laos were crowned.



Old Street

### Dramatic Karst Landscape-Vang Vieng

Like a beautiful scene from a painting, With the backdrop of serene limestone cliffs and a vast spread of vivid green paddy fields, it really is a paradise to relax and soak in the views.

**Nam Song River** a small river flowing through the town of Vang Vieng with a picturesque scenery which is surrounded by striking karst rock formations.

**Blue Lagoon** A fantastic waterhole with crystal clear waters with the cold turquoise waters, It is a beautiful turquoise blue.



01way KMG-Vang Vieng  
01way Luang Prabang-KMG bullet train

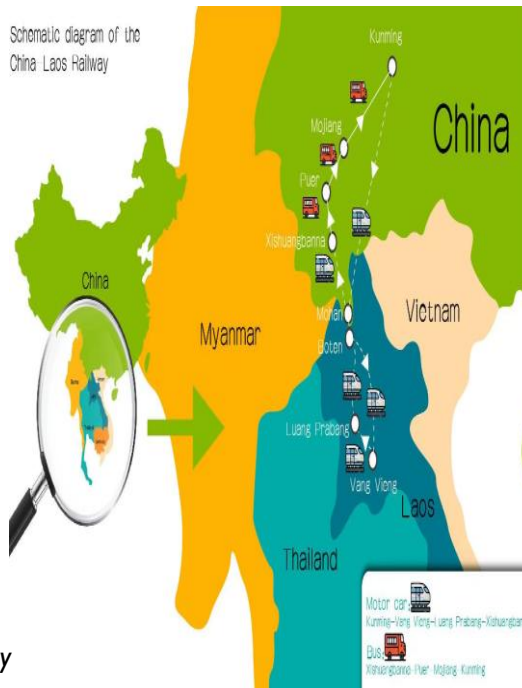
### Xishuangbanna Banruo Temple

A popular check-in place due to its unique shape and white color. The pagoda appears solemn and sacred against the blue sky and white clouds.



### Gaozhuang Night Market

A vibrant open air night market, to spend a whole evening marvelling at the wide variety of food and goods at the numerous stalls.



### No Shopping Stops

### Dai Minority Park

Join the joyful Water Splashing Ritual, it is a joyous occasion and an opportunity that should not be missed



### Nannuo Mountain Hani Cultural Park

one of the oldest tea cultivation mountain. A visit to the surrounding Hani Cultural Park to experience the local culture.

### Rice Field Restaurant

where you can stay close to nature, rice fields, relaxing and refreshing with a tasty local food and drink.

### Hani Minority Food

Steamed egg with White Ginseng, cured beef, herbal chicken soup... Sour and spicy are Hani's favorite tastes.



# CHINA

Day	BKF	LUNCH	DINNER	City	KVTE8 4-5★ Hotel or similar
	8Days (7B, 6L & 4D)				
1		✈	✓	Kunming	Local 5★ Microtel by Wyndham Guandu
2	Hotel	Lunch Box	✓	Vang Vieng	4★ Saksiri Riverside Boutique Hotel
3	Hotel	✓	✘	Luang Prabang	2N 4★ Le Palais Juliana
4	Hotel	Rice Field Restaurant	✘		
5	Hotel	Lunch Box	✘	Banna	4★ Yunheyuan Hotel
6	Hotel	✓	✓	Puer	5★ Red Panda Manor or Yixiangshan Camp and Banshan Hotel
7	Hotel	Hani Minority Food	✓	Kunming	Local 5★ Microtel by Wyndham Guandu
8	Hotel	✈		Wish you enjoy your holiday!	

Effective from APR'24 KVTE8\_CN\_21-Jul-25

- Tour sequence and flight schedule subj to land agent and airlines' final arrangement
- Your understanding on the limited conditions of some restaurants, coach& road in Laos is very much appreciated.
- Please note that only foldable roll-over bed will be provided in most China & Laos Hotels for tripling sharing room.
- Tipping for local guide & driver: **RMB40/Pax/Day** Adult & Child same  
**Additional Tour RMB700 p.p** 1) Long-Tail Boat Ride; 2) Tropic of Cancer Market Park + Flying Carpet Ride ;3) Peacock Banquet;

## 1 Singapore ✈ (est 4hrs)Kunming

+ Assemble at Changi Airport for your flight to [Kunming].

## 2 Kunming~ (est 7.5hrs train) Vang Vieng~ Nam Song River ~Long-Tail Boat Ride<Own Expenses>

- + [The China-Laos Railway] launch a cross-border passenger service with bullet trains running between Kunming and Vientiane.
- + [Nam Song River] Enjoy the stunning scenery of towering limestone karsts, lush green rice paddies, and crystal-clear waters.
- + [Long-Tail Boat Ride] Experience the beauty of Vang Vieng from a different perspective on a long-tail boat ride down Nam Song River.

## Vang Vieng ~ Blue Lagoon (est 1hr train)Luang

## 3 Prabang ~ National Museum ~ Phousi Hill ~ Night Market

- + [Blue Lagoon] is typically one of the most populated with heaps of tourists and locals flocking to the area to cool off for the day. It features a stunning natural space, with large and beautiful trees sitting around the edge of the water and some cabanas to relax in.
- + [National Museum] once Laos' Royal Palace. It houses a lot of interesting historical items. Every item tells a story...so you will learn quite a lot about Lao history and about Laos' royal.
- + [Phousi Hill] It lies in the heart of the old town, From the top you will have great 360 degree views of Luang Prabang, the Mekong and Nam Khan rivers and the forested mountains.
- + [Night Market] is a bustling hub of activity, filled with stalls selling everything from traditional handicrafts to delicious street food.

## 4 Luang Prabang ~Wat Xiengthong ~Kuang Si Waterfall ~ (est 1hr)Mt.Qiyun

- + [Wat Xiengthong] one of the largest temples in Luang Prabang. Its structure has characteristics of 16th-century Lao architecture, with elaborate mosaic patterns, wall carvings, rare Buddhist deities, and a 12-metre-tall funeral carriage.
- + [Kuang Si Waterfall] a three-tiered waterfall with a drop of 60 meters, The water flows into a turquoise blue pool before continuing downstream. The harmony between the blue of crystal water and the green of verdant jungle paints a picturesque landscape of swimming pools in the sky.

## Luang Prabang~Alms Giving Ceremony ~ Morning

## 5 Market ~ (est 6.5hrs train) Xishuang Banna~Banruo Temple~ Gaozhuang Night Market

- + [Alms Giving Ceremony] takes place between the hours of 5-6am each day and involves people placing food and personal care items into the alms bowls of passing monks. It's a silent and sacred ceremony – one that is steeped in tradition.
- + [Morning Market] It lining a couple of quiet streets near the Royal Palace, starts early and is over by mid-morning.
- + [Banruo Temple~Prajna Temple] From afar, it looks like a magnificent palace, goes beyond people's understanding of ordinary temples and has become a popular check-in spot for internet celebrities due to its unique design and pure white color.
- + [Gaozhuang Night Market] you can not only indulge in various culinary delights but also experience traditional ethnic costumes and capture memorable photographs.

## Xishang Banna ~Nannuo Mountain Hani Cultural

## 6 Park ~ Dai Minority Park [incl Tram Ride] ~ (est 2.5hrs) Puer

- + [Nannuo Mountain Hani Cultural Park] Take a stroll up the ancient tea mountains to admire the beauty and history of the old tea trees, and step into the Hani Villages and experience the local custom and taste the real Pu'er.
- + [Dai Minority Park] consists of five well-preserved natural villages, Each village is filled with classic Burmese-style stupas and traditional family bamboo houses that give a true sense of the rich local family culture. There is a waterworks fountain at the center of the park, where a miniature Songkran festival is held each day to the delight of locals and guests alike.

### + [Puer Staycation Options]

# **Option A-Yixiangshan Camp and Banshan Hotel:** Staying on a Pu'er plantation was an unforgettable experience! It gives some extract nice experience. Here the sky is full of stars at night, and you can watch the sunrise and sea of clouds in the morning, as well as the sunset.

# **Option B-Red Panda Manor :** The manor is located in a real natural oxygen bar. There are vast forests, emerald mountains and close to nature. The wooden houses are scattered in the mountains and valleys, and the plank road twists and turns through the dense forest of flowers and plants. It's a perfect place to explore the seclusion, as well as a good place for leisure, vacation and health preservation

## Puer~ (est 2.5hrs) Mojiang ~Twins Well ~Tropic of

## 7 Cancer Marker Park+Flying Carpet Ride<Own Expenses> ~ Fruits Market ~ (est 3hrs) Kunming

# **Option A-Yixiangshan Camp and Banshan Hotel:** an unforgettable experience to welcome the sunrise among the Pu'er plantation, stroll along on clearly defined paths in the tea plantation to enjoy the view of the sea of clouds

+ # **Option B-Red Panda Manor :** Go directly with a tram ride to **Tai pinghe national park** to wander around the entire park and take chance to get close contact with the red pandas.

+ [Mojiang] the only Hani Autonomous County in China, the only place in the world has been run through by the Tropic of Cancer. It is also famous of its Twins Village, which has more than 500 pairs of twins, take a look at the Twins Well, the villagers believe that the water will aid the conception of twins.

+ [Tropic of Cancer Marker Park] A popular science museum illuminates our understanding of nature, life and sunshine. and the Tropic of Cancer is "captured" here at the summer solstice every year.

+ [Flying Carpet Ride] Experience fun moments in the colorful atmosphere of the Flying Carpet. It is fun to use it as a form of transportation.

## 8 Kunming ✈ (est 4hrs)Singapore

+ Transfer airport for your flight back to Singapore.

**Wish you enjoy your holiday with Hong Thai Travel!**

~Tour Sequence may change, subj to land agent's final arrangement